

Night Driving Tips

Fatalities on the road occur at a rate three times greater at night than during the day, according to the World's statistics.

Here are the tips for the same:

1. Aim Your Headlights

Be sure to clean the road dust from your headlights, and adjust your light's aim so that it will not block the traffic coming against.

2. Don't Wear the Wrong Glasses

The smart choice is to use prescription glasses that have an anti-reflective coating, which keeps light from bouncing around inside lenses.

3. Become a Retina Spotter

We can often see the reflections of our headlights in an animal's eyes long before we can see the animal itself. Pairs of tiny bright spots in the distance are a clear warning that an animal is in front of you down the road.

4. Don't Stare at Oncoming Lights

Bright lights can seriously disrupt your concentration at night. Turn your gaze away from other lights on the road, and don't look at oncoming headlights.

5. Give Your Windshield a Wipe with Newspaper

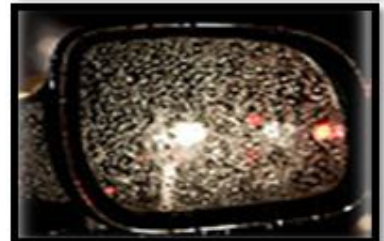
Windshields that appear clean during the day may reveal streaks that can cause glare at night. Try not to touch the inside surfaces of your windshield, side windows, or mirrors with your hands.

6. Clean and Adjust Your Exterior Mirrors

Dirty mirrors reflect the lights from cars behind you in a wider, diffused shape that can produce glare in your eyes, so clean them up.

7. Keep Your Eyes Healthy

To reduce the effects of eye fatigue at night while driving, eye doctors often recommend keeping your eyes moving, scanning all around your field of vision instead of focusing on one area.



Drive Safely, Arrive Safely...