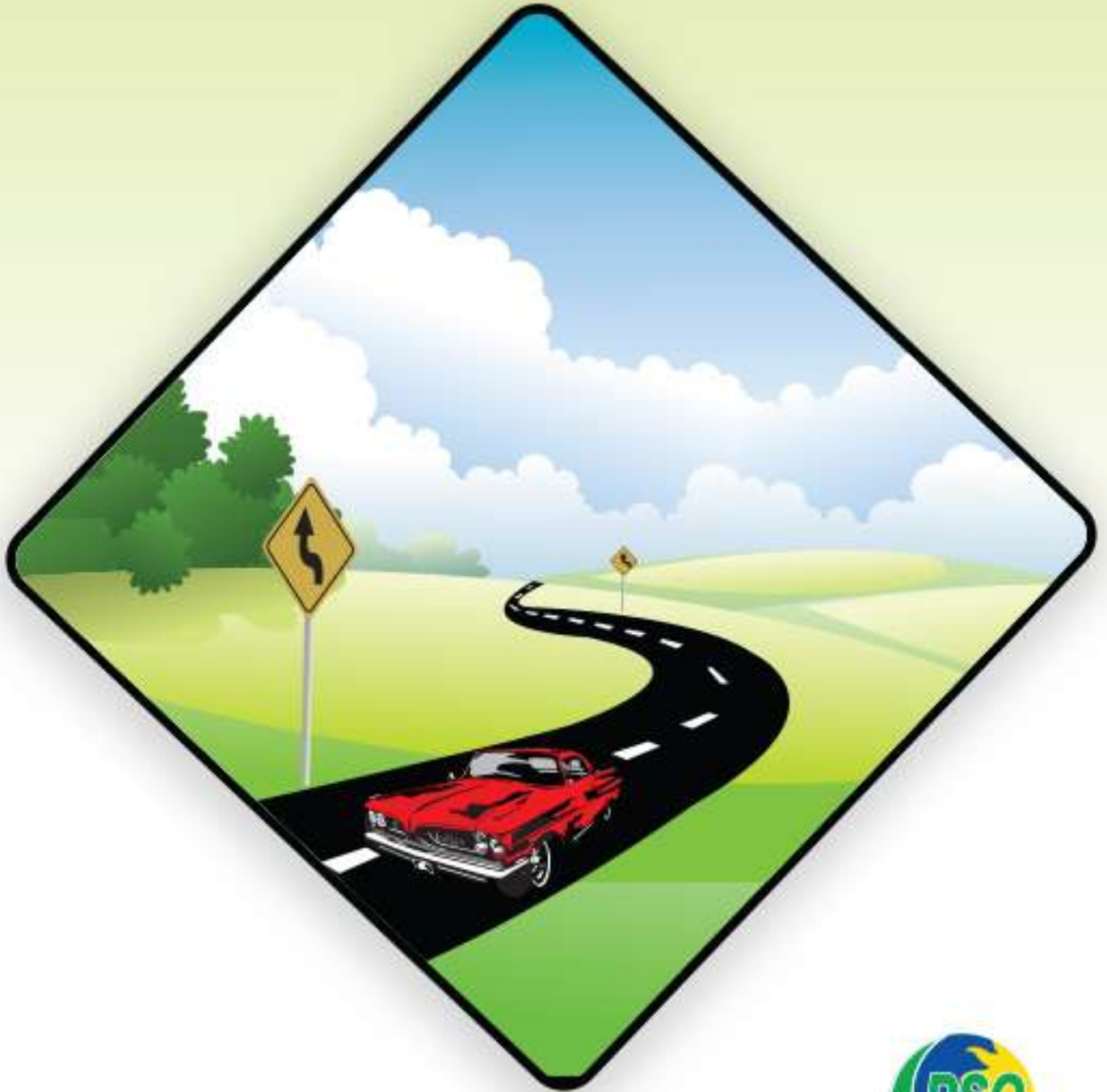


Traffic Safety



Pakistan State Oil

Dua-e-Safar

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

سُبْحَانَ الَّذِي سَخَّرَلَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ ه
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ ه

Glory be to him who has subjected these to our (use),

for we could never have accomplished this by ourselves.

And to Our Lord, surely must we return.



Personal Information

Name: _____

Father's Name: _____

CNIC No.: _____

Driving License No.: _____

Blood Group: _____

Ailments (if any): _____

Home Address: _____

Tel (Home): _____ Tel (Office): _____











Emergency No.: _____ Mobile No.: _____

Note:

Always keep your driving license, registration book, route permit and fitness certificate with you.



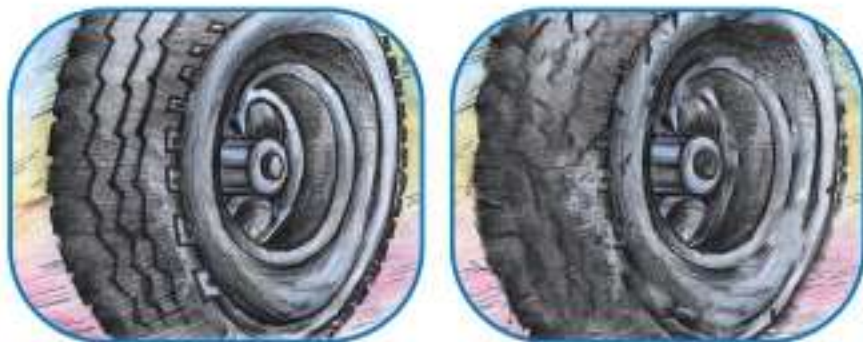
For a safe journey, please check the following:

Jack, jack rod and tools		Fuel	
Engine oil		Brake oil	
Indicators		Tyres	
Brakes		Battery	
Water		Lights	
		Spare tyre	



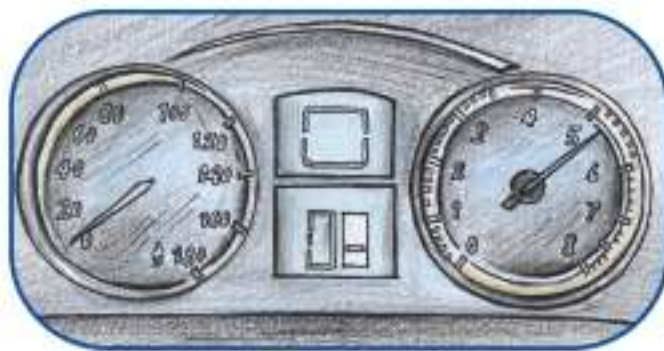
High quality tyres are crucial for ensuring a safe journey:

- Do not use old, worn out or overused tyres.
- The minimum tyre tread thickness should be 1.6 mm. Replace tyres if the tread gets thinner than 1.6 mm.
- Maintain recommended air pressure in tyres.
- Keep the spare wheel and jack in your car in working condition.
- Have your car wheels aligned and balanced from time to time.



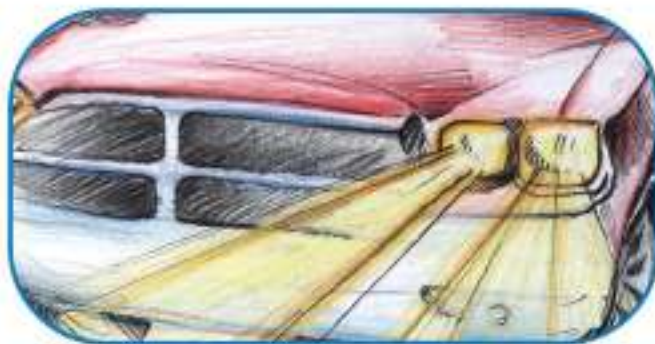
Observe speed limits:

- Follow the traffic signboards and highway/motorway codes.
- Drive slowly in dark, foggy or wet weather.
- Slow down near residential areas, schools and hospitals.
- Keep your vehicle speed at 20 km/hour less than the normal speed limit on wet, muddy or snow filled roads.
- Keep an eye on your car speedometer and do not over speed.
- Maintain a speed which allows you to stop the car immediately in case of an emergency.



Headlights prevent collisions:

- Carefully check headlights, backlights and indicators before driving at night.
- Ensure that the headlights are properly adjusted as unadjusted headlights can be dangerous for you and other drivers.
- Keep your headlights on low beam to avoid causing trouble to others. Use high beam only in times of urgent need.
- Avoid using colored headlights as they are prohibited by the law and distract other drivers.



Use of seatbelts and headrests ensure a safer journey:

- Always use a seatbelt and headrest; have them installed if they are not already installed in your vehicle.
- Always fasten your seatbelt; research shows that seatbelts can give you 70% protection during a collision.
- Keep the headrest adjusted in the right position. In the event of an accident, the headrest can provide protection to your neck.



Lane rules are important to follow:

- Do not switch lanes unnecessarily.
- Do not drive over the lane marking.
- Drive in the left lane and use the right one for overtaking only.
- Check your rear-view and side-view mirrors before overtaking.
- Give your indicator before changing lanes.
- While at an intersection, give right of way to traffic approaching from the right side.
- Maintain a safe distance from the car in front of you.



While driving, always obey the following rules:

- A vehicle reaching an intersection should give way to the vehicles already waiting at the intersection.
- If two vehicles reach an intersection at the same time, the driver turning right should give way to the vehicle going straight ahead.
- A vehicle entering a main road from a side road, street, house or parking spot should give way to the vehicles and pedestrians waiting to cross the road.
- Drivers are advised to always give way to pedestrians.
- A vehicle reaching an intersection should give way to the vehicles approaching from the right.
- A vehicle ascending a ramp has the right of way.



Rules to follow when crossing a road:

- Pedestrians should always use a footpath.
- If there is no footpath, walk along the right side of the road so that you can see the oncoming traffic.
- While crossing a road, use safer means such as zebra crossings, underpasses or pedestrian bridges. If such means are not available, look in all directions and cross when it is safe.
- Cross the road near a street light at night, so that drivers can see you more easily.
- Drivers should acknowledge the pedestrians right of way.



Rules to follow during a long journey:

- Do not begin your journey if you are feeling tired or sleepy; always have a good nights sleep before starting out.
- While driving, try to keep the windows open as the fresh air keeps the driver alert.
- Take a 15 minute rest every 2 hours while driving.
- If feeling sleepy, stop somewhere and have two cups of tea/coffee or chew gum. If this fails to keep you awake, get some sleep before continuing your journey.
- Engage the driver in a constructive discussion to ensure he stays awake and alert.



Rules to follow when driving in the summer months:

- Use a coolant in the radiator instead of water.
- Have your fan and fan belt checked before starting the journey.
- Keep an eye on the temperature gauge; if the car overheats, your engine can seize.
- If the engine overheats, do not turn it off or open the radiator lid; use water to cool it down instead.



Rules to follow when parking your vehicle:

- Be considerate when parking your car; incorrect parking not only causes inconvenience to others but can also prove to be dangerous.
- Obey the 'No Parking' signs at all times.
- On motorways/highways, always park your car on the hard-shoulder on the left of the yellow strip and turn on the hazard lights.



Beware of animals:

- Drive carefully as animals may appear on the road without warning and cause serious accidents.
- Do not speed while driving past animals.
- Slow down or stop and let the animals pass first.
- Do not try to scare animals by sounding your horn or revving your engine.
- Take extra care at night, especially if the road is curved or narrow.



Overloading vehicles is dangerous:

- A vehicle overloaded with passengers or goods poses a hazard for other vehicles.
- Overloading can cause accidents as it becomes difficult to control the vehicle.
- Overloading causes damage to the vehicle and the road.
- Vehicles carrying large, bulky goods can cause an accident. For such loads, use red ribbons during the day and reflectors or lights during the night.



Helmet safety:

- Wearing a helmet is a must for both motorcyclists and pillion riders.
- Only approved safety helmets should be worn as they can protect you from severe head injuries in case of an accident.
- Racing and wheelies are dangerous and are prohibited by the law.
- Do not ride in double profile as it can cause accidents.



Rules to follow in extreme weather conditions:

- Wait for the weather to clear up and drive only when it is absolutely necessary.
- Keep the windscreen and other windows clear.
- Use dip headlights and fog lights while driving.
- Use the hazard lights.
- Drive at a slow speed and keep a safe distance from the car in front of you.



To avoid smoke and noise pollution, take the following precautions:

- Keep your engine in good condition by having the vehicle checked and tuned periodically.
- Do not sound your horn unnecessarily.
- Do not use your horn in areas where it is prohibited.
- Use a silencer which is approved.



Rules to follow in case of an accident:

- Calm down and review the situation.
- Turn off the engine and pull your car over to the side, if possible.
- If you have a camera, take photographs and note down the details.
- If on the motorway, use an Emergency Call Booth or call the helpline and give details about your location.
- If on the highway, use your cell phone and give details about your location.



The importance of road signs:

- Read road signs carefully and follow the instructions.
- Do not ignore signboards as they may contain vital information; drivers violating such signs can be ticketed.
- There are 3 types of road signs:
 - Square and rectangular signs called 'Informative Signs'
 - △ Triangular road signs called 'Warning Signs'
 - Round road signs called 'Mandatory Signs'
- Never paste advertisements on road signs as it can pose a great danger for other drivers.



Road Signs:

Warning Signs

Mandatory Signs



Guidelines on how to avoid accidents:

- Strictly follow the traffic rules.
- Never break speed limits.
- Sound your horn only when absolutely necessary.
- Never use your cell phone while driving.
- Use low beams while driving at night.
- Always fasten your seatbelts.
- Maintain a safe distance from the car in front of you.

